Alps & Mont Ventoux Self-Guided Tour

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Alps & Mont Ventoux Self-Guided Tour. 8 days - 7 nights
Best Cycling period May - Half October
Learn how the pro riders suffer and take inspiration from the amazing beauty of these spectacular mountain passes!

Only need a bike for Mont Ventoux? BOOK HERE

Immerse yourself in the breathtaking grandeur of nature as you embark on a cycling adventure that will take your breath away. Draw inspiration from the awe-inspiring beauty of the magnificent mountain passes that grace the French Alps. The journey begins with an ascent to the summit of Alpe d'Huez. Cross the legendary pass that has witnessed the triumph of many cyclists.
Here, you can bask in the glory of your achievement and take in the sweeping vistas that surround you.

As you pedal onward, make a pilgrimage to the monument of Henri Desgranges atop the Galibier pass, paying homage to the history of cycling. Conquer the challenging gradients of Les Deux Alpes and traverse the rugged terrain of Col de Lautaret, among many other iconic routes. These are the very paths where cycling legends etched their names into history, and now, they await your tire tracks. Your cycling journey culminates in the charming village of Freney d'Oisans, nestled within the heart of the Alps. Here, you'll receive a comprehensive briefing on the diverse cycling opportunities that await you. Gain valuable insights into the best routes and organizational tips to ensure you make the most of this remarkable cycling holiday.

Highlights of the tour:

- Alpe d'Huez is a vertical climb of 1.120m, 14 km long, and 21 switchbacks
- Cycle through the vineyards of Ventoux and Rhône Valley. You will pass through the wine villages of Beaumes-de-Venise, Vacqueyras, Gigondas, and the more famous Rhône wine villages in Upper-Vaucluse before returning to Bedoin.
- Col de Croix the Fer This pass has been included in the Tour de France 14 times
- Tour of Mont Ventoux with a warm-up tour between the vineyards of Bedoin, followed by the challenging climb
- Gorges de la Nesque & the lavender fields of Sault (will take you through the Nesque River Canyon (Gorges de la Nesque) to the lavender plateaus and the village of Sault a mi).
- Best of the Alps: sumptuous landscapes, a peaceful atmosphere, big-hearted locals.

Itinerary

Day 1

Arrival in Le Freney d'Oisans

Travel from Grenoble to your hotel in Le Freney d'Oisans, where you have your welcome

meeting. Local bus service is regular to Freney, or we can arrange a private transfer for an additional fee (transfer on your own to the hotel). **Included:** emergency support, phone not provided, mobile guidance application, roadbook, travel book, orientation with a local guide, luggage transfer, bedroom, breakfast, and dinner (no drinks).

Day 2

From Freney Loop to Col du Glandon and Col de la Croix de Fer - 100/110km

Today's climb: Le Glandon and La Croix-de-Fer. It's a very long and irregular col. When you reach the crossroad with the Glandon, you can make a small detour of 1.5km, to reach the top of the Croix the Fer and to enjoy the view. This pass has been included in the Tour de France 14 times, the first time in 1947! **Included:** bedroom and breakfast, and dinner (no drinks).

- Distance: 100 or 110 Km - Elevation: 2820 or 3400 m.

Day 3

From Freney Loop to Alpe d'Huez - 48/68km

Alpe d'Huez is a vertical climb of 1120m, 14km long, with gradients between 7.7 and 12%, and its 21 switchbacks are famous for cracking or elevating cycling legends in the history of the Tour de France. This ride is 49km, but you have the option to climb les Deux Alpes as well. Return to le Freney d'Oisans. **Included:** Bedroom and breakfast, and dinner (no drinks).

- Distance: 48 or 68 Km - Elevation: 1730 or 2300m.

Day 4

From Freney Loop to la Berarde - 67km

Wonderful escapade in the Bérarde Valley today. This itinerary, far from being simple, offers you the best of the Alps: sumptuous landscapes, a peaceful atmosphere, and big-hearted locals. This "cul de sac" Valley offers you a great breath of fresh air! **Included:** itinerary (no cue sheets), bedroom and breakfast, and dinner (no drinks).

- Distance: 67 Km - Elevation: 2035m.

Day 5

Transfer from le Freney d'Oisan to Bedoin

Departure from the Alps, after breakfast with a 10 am transfer to the village of Bedoin, at the foot of the Mont Ventoux. 4 hours travel time. In Bedoin, you have free time to explore the village or relax for the rides ahead. **Included:** luggage transfer, client transfer, bike transfer, bedroom and breakfast, and dinner (no drinks).

Day 6

Loop Bedoin Ventoux via Gorges la Nesque - 71k/86km

Several great ride options again today! Take your options, all of them are lovely country rides. Distance varies depending on your preferred route. **Options 1** Tour of Mont Ventoux: This itinerary starts with a warm-up between the vineyards of Bedoin, followed by the challenging climb and descent of Mont Ventoux. **Option 2** Gorges de la Nesque & the lavender fields of Sault: The second itinerary will take you through the Nesque River Canyon (Gorges de la Nesque), to the lavender plateaus and the village of the Sault and back to Bedoin via la Gabelle. Then, as a cherry on the cake, you can climb the Ventoux and join Bedoin through Sault and the Nesque River Canyon: an unforgettable experience! **Included:** Bedroom, breakfast, and dinner (no drinks).

- Distance: 71 or 76 or 89km - Elevation: 980 or 1500 or 1980m

Day 7

From Bedoin Loop to Beaume de Venise - 53/69km

A beautiful tour warm-up ride through the vineyards of Ventoux and Rhone Valley. You will pass through the wine villages of Beaumes-de-Venise, Vacqueyras, Gigondas, and the more famous Rhone wine villages in Upper-Vaucluse, before returning to Bedoin. **Included:** Bedroom, breakfast, and dinner (no drinks).

- Distance: 53 or 69 Km - Elevation: 860 or 1037 m.

Booking Information

Add your start date

- All prices are based on double rooms - for bookings & inquiries: send an email to info@cycleclassictours.com

Tour rates

- Standard Hotel: €2605 - Single supplement: + €340 - Solo traveler: €3350
- Upgraded Hotel: €3530 - Single supplement: + €720 - Solo traveler: €4265

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.

4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.
5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

- 7 nights of accommodation in superior hotels or charm with private shower and/ or bath
- Daily breakfast at each hotel
- 7 dinners included
- Road bike rental included
- Complimentary gear (including water bottle, drawstring bag)
- Guidance Application (phone not provided)
- Orientation by telephone
- Detailed road book, including detailed maps, touristic information, step-by-step itinerary, and cue sheets
- Comprehensive trip literature
- Technical and emergency support is available at all times
- All luggage transfers
- Transfer from le Freney d'Oisan to Bedoin (day 5)
- Departure from Bedoin & transfer to Avignon

Not Included

- Airfare to and from the trip
- Lodging before and after the trip
- Drinks
- Some meals are not included in each destination, which allows you to explore regional cuisine on your own. You will find all the information needed with our team support in your road book.
- Multirisk travel insurance
- Bike Hire
- Single room supplement €340
- Solo traveler €745
- Upgraded hotel accommodation €3530
- Upgraded hotel Single room supplement €720
- Upgraded hotel Solo traveler €735

Upgrade your bike - from/per person:

- Road Bike Excellence €165
- Road Bike Premium €230
- E-Bike Premium €230