Road Cycling Catalonia

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Road Cycling Catalonia - Self-guided road bike Trip Catalonia - Tour of Empordà.
From March 1 until October 31
For guided options from 4 persons or more send us an email.

Only need a bike for Girona? BOOK HERE

Self-guided road bike Trip to Catalonia

This great bike trip starts and finishes in the magnificent city of Girona. Cycle one of the most beautiful landscapes of Catalonia: the Empordà region. You'll have a fantastic view of the Empordà region, Girona, and the Costa Brava on the coast. See an amazing variety of landscapes with medieval and fishing villages along the whole route. The plain of the Empordà: in the countryside of the Costa Brava, a huge area called the Empordà host a big agricultural region, with apple, and peach trees, many vineyards, and olive yards.

Cycle through the backyards of the Costa Brava. Ride the rolling hills and valleys of Catalonia. The two unique regions (Costa Brava and Catalonia) have a fantastic warm and sunny climate. This world-famous cycling terrain is the home base for many professional cyclists and sometimes you'll meet them during a random training ride on the Pyrenees foothills. You'll cycle mountains terrain and peddle through typical Catalonian villages. Combine the qualities of Spain with physical action. Taste the locally made cava wines as you cycle right through the middle of this world-famous cava-wine region. Enjoy breathtaking landscapes whilst riding on perfectly paved and quiet countryside roads. This cycling holiday in Spain is an off-the-beaten-track! So jump on your bicycle and ride the two regions Costa Brava and Catalonia.

Cycle in Catalonia and see also these highlights

- Discover the inland countryside of Llémena Valley with its big ancient farms
- Girona with its Cathedral boasts one of the largest stone vaulted spaces in Gothic architecture
- Climb the mountain of Sant Grau and the Sanctuary of Els Àngels
- Visit some famous medieval villages in the Costa Brava
- Discover the amazing Cape (Cap de Creus), where you can see the Pyrenees across the Natural Park.
- Cycle quietly towards the beaches in Empúries and L'Escala.

Itinerary

Day 1

Check in

Check-in around 14.00 at your hotel in Girona. In Girona, there is plenty to see and do. The city

is famous for having one of the best preserved Jewish old towns in the world, the Cathedral boasts one of the largest stone vaulted spaces in Gothic architecture and the walk along the city's ancient walls is a recommended highlight. Airport transfers (on request).

Day 2

Loop ride Girona 65 km - 668m

Delivery of the GPS and necessary documentation at the office in Girona. Bike fitting if bikes are rented. On the first day you'll discover the inland countryside of Llémena Valley with its big ancient farms. After surrounding the small volcano of Adri, you continue crossing some humid and wooded areas. From here you cycle all the way back to Girona where you started today. Climbing 668 meters

Day 3

Girona to Sant Feliu de Guixols 58 km - 672m

You start south through a plane until Llagostera. From there you start the climb of Sant Grau (465m). After passing the Col you'll enjoy a great descent with fantastic views over the Mediterranean Sea. This coastal road has been used for Tour de France in 2009. Your finish is at the beach of Sant Pol, just beside the Sant Feliu main beach. Climbing 672 meters

Day 4

Sant Feliu de Guixols to Torroella de Montgrí 61 km

Starting from Sant Pol, you'll cross Platja d'Aro, Calonge, and Palamós, 3 tourist villages in front of the sea. Also on the coast, you'll reach Calella, a cute fisherman village with houses right in front of the beach. Callella is considered one of the best villages of the Costa Brava. Starting from Calella you cycle a short but really steep climb to the lighthouse of Sant Sebastià (climb 2km 150m+). After that, you climb to Begur and reach the Gulf of Pals with its long sandy beach. From there you ride inland to Pals a famous medieval village. Really worth spending a while walking on its narrow streets. After crossing some more medieval villages you reach Torroella de Montgrí, just under its castle on the top of the mountain. Climbing 483 meters

Day 5

Torroella de Montgrí - Castelló d'Empúries 52 km - 190m

Today is an easy ride. This stage enables riders to cycle quietly towards the plain of the beaches in Empúries and L'Escala. In Empúries, you should take the time to visit the archeological site Empúries with Greek and Roman ruins dating from 600 BC, the gateway of the classic cultures to the Iberian Peninsular. The route finish in Castelló d'Empúries with a stunning cathedral that shows how powerful was the village in the ancient time. 190 meters

Day 6

Castelló d'Empúries - Figueres 69 km - 1052m

From there we will cross a small wetland with an ornithological reserve, then the ride climbs the mountain pass of the Perafita one. Optional ride (11km) to reach Cadaqués, where famous artist Dalí use to live and coming back climbing again Perafita col. From there you start descending to the flat until reaching Port de la Selva. From there, another climb brings us up to the abbey of Sant Pere de Rodes and later we descend to Figueres where we will overnight. Really worth visiting the Dalí Museum, with its surrealist paintings. You can do the 69Km 1052m+ or the 80km 1300m

Airport

- Girona has its own airport, the city is very easy to travel to/from all places in the world. Most major airports in Europe offer direct flights to Girona. Transavia and Ryanair use the airport of Girona as a transit station to the famous coasts of Spain. In case of no direct flight, Barcelona is a great alternative.
- The most important gateway to/from Barcelona is the international airport 'L' Aeroport del Prat'. With over more than 25 million passengers per year, Barcelona Airport has the second biggest airport in Spain after Madrid.

Trains

- Every hour trains leave from Barcelona to Girona airport and the old town of Girona. From the train station, it’s just a short walk to the old town. The train station also offers you a high-speed connection to Paris, Lyons, and Marseille. Cities like Zaragoza and Milan are easy to travel to from Girona as well.

Booking Information

Add your start date

- All prices are based on double rooms
- For bookings & inquiries info@cycleclassictours.com.
- Standard Accommodation in farmhouses, 2* and 3* Hotels.
- Premium Accommodation in farmhouses, 3*, 4*, and 5* Hotels.

Extra Information

Low season Prices *March 1 / April 13 October 4 / October 31*

- Double room standard per person €740
- Double room premium per person €900
- Supplement single room standard €223
- Supplement single room premium €313
- Supplement half board (4 dinners) €98
- Supplement alone traveler €100

- Tourist Tax €5

Midseason Prices *April 14 - June 22 August 29 - October 3*

- Double room standard per person €775
- Double room premium per person €990
- Supplement single room standard €244
- Supplement single room premium €355
- Supplement half board (4 dinners) €98
- Supplement alone traveler €100
- Tourist Tax €5

High season *June 23 - August 28*

- Double room standard per person €815
- Double room premium per person €990
- Supplement single room standard €291
- Supplement single room premium €437
- Supplement half board (4 dinners) €98
- Supplement alone traveler €100
- Tourist Tax €5

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.
4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.
5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

- Standard Accommodation in farmhouses, 2* and 3* Hotels
- Premium Accommodation in Hotels 3*, 4* and 5* Hotel

- Daily continental breakfast
- 7 nights accommodation in a double room with B&B.
- Luggage transfer from one lodge to another.
- Gps with tracks and maps.
- Touristic information about the area
- Bike delivery in Girona
- Assistance during the trip

Not Included

- Tourist Tax
- GPS
- Pedals & panniers
- Transfers from/to the airport
- BMC Teammachine SLR FOUR (105) €175
- BMC Teammachine SLR TWO (Di2) €210
- BMC Teammachine SLR ONE (Sram force) €280
- BMC Roadmachine TWO (Sram AXS Force) €280