Bike Trip Umbria

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Self-guided bike Trip Umbria. Every day from April until the end of October.
For guided options from 4 persons or more send us an email.

Only need a bike for Umbria? Check: BOOK HERE

Self-guided bike Trip Umbria on Road bike, E-bike, or Trekking bike.

This cycling Tour is perfect for those looking to personally experience the unique and unspoiled region of Umbria with its beauty and hospitality. Umbria, nestling between Tuscany, Marche, and Lazio, is maybe one of the smallest regions of Italy, but it has a wide range of different landscapes: from harsh gorges to sweet green hills, wild woods to fertile plains transformed by varied cultivations; oases of fresh, crystal clear spring water and enchanting lakes. This cycle tour combines the beauty of nature with sightseeing in quiet little medieval towns.

The trip starts and finishes in the surroundings of the beautiful and fascinating town of Assisi, the pilgrims' town built against the slopes of Mount Subasio.
Assisi isn't the only highlight of this tour. You will pass many other interesting small towns such as Spello, which has Roman origins,

Two nights you will spend in Torgiano allowing time to visit the county-town of Perugia. Its magnificent old town center is certainly worth visiting, with Renaissance palaces, medieval churches, museums, and galleries,

During the second part of the tour, you bike through beautiful unspoiled scenery. The biker-friendly roads, the lovely towns, and the green hills with cypresses, vineyards, and olive trees make this tour unforgettable.

Jump on your bicycle and cycle through the wonderful region of Umbria

- Spello is an interesting place, containing many features dating back to Roman and medieval times.
- Montefalco (472 m a.s.l.) also known as the 'balcony of Umbria '.
- The Franciscan church, now a museum, is decorated with magnificent 15th- and 16th-century frescoes by artists such as Benozzo Gozzoli and Perugino.
- Montefalco with its a lovely medieval square with a fountain and two Romanesque churches.
- Torgiano is a small 'borgo' at the confluence of the rivers Chiascio and Tiber (Tevere).
- Perugia. The aristocratic Renaissance palace with medieval churches and museums
- Visit the Franciscan basilica in S.Maria degli Angeli.

Itinerary

Day 1

Individual arrival at your hotel in Assisi

The start of this cycle tour is in Assisi, part of the UNESCO World Heritage, the popular pilgrimage town built on the slopes of Monte Subasio. At the end of the afternoon, drop off bicycles, if rented, do bike fitting, and route briefing. Overnight with breakfast in a 3* or 4*-hotel near the old town center.

Day 2

Assisi, Spello, Montefalco, Bevagna to Torgiano / +65km - +718m

This morning, there will be time to explore Spello. After continuing your journey through the valley of Spoleto, passing Foligno, your route goes up to the wine-town Montefalco; also called "The Balcony of Umbria", because of its fantastic panorama. Artists like Benozzo Gozzoli and Perugino decorate the Franciscan church, now a museum, with magnificent frescoes. The next town you will visit is Bevagna, whose characteristic medieval square still hosts two Romanesque churches. Your overnight stay is in Torgiano, which in medieval times was a fortified village and is situated on a hilltop above the confluence of the rivers Chiascio and Tiber. Interesting to visit are the wine museum and next door in the Osteria, you can taste the excellent wines of Lungarotti, or you can visit their winery (only on reservation). You can stay in the town center of Torgiano in a 3*- or 4*-hotel. **Overnight with breakfast in Torgiano**

Day 3

Visiting Perugia / +34km - +526m

Today, you visit the neighbouring town of Perugia: the provincial capital and a lively, vibrant place. The medieval town center with its little alleyways is at the highest point of the town. The Renaissance palaces, churches, museums, and many galleries make a lasting impression. After your visit, you will spend the night once more in the peaceful, hospitable town of Torgiano. You stay in the same hotel as yesterday. **Overnight stay with breakfast in Torgiano.**

Day 4

Torgiano to Passignano on Lake Trasimeno / +51km - +472m

On the fourth day, you will cycle through a slightly hilly landscape to be rewarded at the end with a magnificent view of Trasimeno Lake and its islands. You pass the little fishing village of S. Feliciano, from where the boats leave for Polvese Island. Cycling along the gravel bike path, you reach Passignano, a town on the shore of the lake, made of history and nature, art and folklore, peace, and vitality. Passignano has a beach close to its center, or you could visit the only inhabited island, Isola Maggiore. Overnight in 3*- or 4*-hotel. **Overnight stay with breakfast in Passignano.**

Day 5

Passignano to Umbertide / +47km - +855m

Today's route runs through an unspoiled scenery to the quiet little town of Umbertide, whose town center is dominated by a majestic tower, the remains of a castle dating back to 1385. It is a hilly ride with gorgeous views. After a climb, you reach Castel Rigone, looking out over the lake. Then a nice ride follows along a ridge with nice views on both sides. A well-deserved descent brings you into the Tiber Valley. Your hotel is a country hotel and is just outside Umbertide. It has a restaurant and a nice swimming pool! **Overnight stay with breakfast in Umbertide.**

Day 6

Umbertide to Gubbio / +58km - +904m

Today, you first pass the center of Umbertide and then it goes uphill to Montone, a typical Umbrian small walled-in town, where for centuries stood still. After you cross another small hilltop town, Pietralunga, you will reach the fortified town of Gubbio. Worth visiting are the impressive palaces, the Roman theatre, and the monastery of S. Ubaldo, which is built at 827m altitude and can be reached by cable car. Your overnight stay will be in the historical center in a 3*- or 4*-hotel. **Overnight stay with breakfast in Gubbio.**

Day 7

Gubbio to Assisi / +59km - +908m

At the beginning of this last leg of the tour, you still have some hard climbing to do through a rolling still-life landscape, but after that, you have a well-deserved easy descent. It is a day full of stunning views of hills, mountains, and small villages. Another last climb to reach Assisi. Cycling through the center of this little town you will pass its most important monuments, like the Basilica of St. Francis, the Temple of Minerva, and the Basilica of St. Clare. You stay in the same hotels as you started this tour. **Overnight stay with breakfast in Assisi.**

Day 8

Departure day

Departure day... Time to say goodbye, a good flight back home, or a pleasant stay in Italy. Transfers upon request.

Booking Information

Add your start date

- All prices are based on double rooms
- All day departures
- For bookings and inquiries contact us: at info@cycleclassictours.com

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.
4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.
5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

All prices are based on double rooms. All-day departures! For bookings and inquiries contact us at: info@cycleclassictours.com

- 7 overnight stays in 3* star hotels with breakfast (half board and upgrades are possible)
- 7 dinners (if booked the half board version)
- Luggage transportation
- Route notes (English-German-Italian-Dutch) and maps (on GPS available)
- Local back-up service
- Tour information
- Route briefing on arrival day
- Emergency support hotline

Not Included

- Lunches

- Dinners
- E-bike Unisex +€200
- Trekking bike +€100
- Carbon Wilier GTR +€200
- Helmet +€5.00
- Single supplement +€190
- Half board supplement +€140

On request

- Gps tracks
- Wine tasting